



FHSC Working Jib



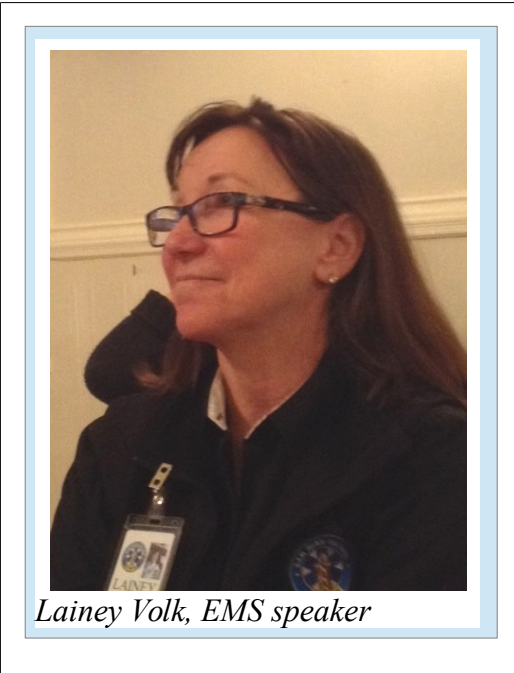
Friday Harbor Sailing Club

View from the Helm - Don Hendrix, Commodore

Let's take safety seriously this summer

I have learned several things about boating safety the talks of our speakers at last couple of club meetings. In the talk by Lainey Volk last month I learned about a new method of CPR which is quite different from what I learned years ago. According to Lainey it is not only less complicated it is also far more successful in reviving people whose heart has stopped than the methods used previously.

Knowing CPR is especially useful when out on the water where it is pretty common to be located where medical assistance can take some time to arrive. In an interesting coincidence, the day after Lainey spoke to the club that I received the following video from a friend who lives in Everett, Washington (<http://heart.arizona.edu/cpr-video>) which was prepared by the physicians at the University of Arizona medical school where this new technique was invented. I would encourage all club members to view this short clip. As they say, the life you save because you took the time to see this short video might be mine.



Lainey Volk, EMS speaker

The previous month's speaker also pointed out something which also has a bearing on medical safety while boating in nearby waters of which I was unaware. Officer Holmes of the Friday Harbor unit of the Customs and Border Protection agency pointed out that that the Canadian, but not the US Coast Guard, units are capable of bringing medical personnel so when you call for assistance in areas covered by both countries it is important to point out the medical nature of your emergency when you make a call on VHF channel 16. Some of our club members who have had first hand experience with medical emergencies on the water in Canada can attest to the efficiency the Canadians in rendering assistance in such matters.

Upcoming Events

April 4 - 6

Deer Harbor Cruise

[Cruise entry](#)

Tuesday, April 8

General Meeting - Grange

5.45 pm Social hour

6.30 Dinner

Sat-Sun April 12 – 13

Spring Series Races

Thurs. May 2-3

Opening Day

Always

Please send the editor a high resolution photo

Photo of the Month

fhsclub@gmail.com

Report from the Social Chairs - Jenny Wilson & Ann Jarrell

May your blessings out number

The shamrocks that grow,

And may trouble avoid you

Wherever you go.

March was St. Patrick's Day month so we thought we would share an Irish blessing with you all. It was another wonderful meeting in March, with good friends, good food and good times. Susie Hendrix decorated with Irish green table cloths. She made a centerpiece using some fruit branches (that Mary Lou cut from her very own trees) to create a table effect that someone rightly said was "simply elegant". Ruth and Ken Frazee were on kitchen duty and did a masterful job. After an especially tasty dinner we were all happy to relax and listen to Lainey Volk talk to us about emergency preparedness. For the April meeting coming up, Roxanne and Mike Skeen will do kitchen duty and Laura Jo and Bill Severson will do the decorating. Thank you in advance!



Finally, a reminder about the Rhumb Regatta coming up on May 10th. We need to order steaks for the dinner ahead of time, so we need you all to sign up. The form is on-line. Just type in [Rhumb Regatta Dinner - Friday Harbor Sailing Club](#) on Google and it will take you to the correct form on our sailing club website. Reservations are due by April 26th. Under "Attendees" to the dinner make sure to include the number of crew on your boat as well as yourself so that everyone will get something good to eat.

The dinner will be steak and fixings and will cost \$15. There will be a charge of \$5 for vegetarians. You will pay as you arrive at Howard's place on the water (thanks Howard!). Remember, as always, be prepared to pack out what you pack in. It should be a great day!



New members Tim & Necia



Our monthly feast!

The Ship's Store
Hours: Always open

In need of a Sailing Club cap, mug tote bag but it is two weeks until the meeting? Just call Susie Hendrix at 378-4590 and she will get what ever you need as soon as possible. If you have been thinking about checking the catalog for a coat, sweatshirt, or other garment but forget at the meeting, call Susie to get one of the catalogs to take home and browse at your leisure.



Financial report - Susan Eberhard

The 2014 FHSC Roster is out with lots of copies delivered to members at the March General Meeting. If you missed the meeting last month, make sure you come this month so you can pick up your Roster as well as have an enjoyable evening with friends and a great potluck! We would like to distribute as many Rosters as possible at the meeting so we can save some on postage. If a friend or neighbor can pick yours up for you, that would be great, too. Great effort is made each year to make sure the information in the Roster is accurate. So if you notice any errors or over the course of the coming year your personal or boat information changes, please let me know (treasurer@fridayharborsailing.com) so we can keep the club records and the website information up to date!

As we all get ready for boating season, making sure the boat is in tip-top shape is probably at the top of the list. One way to have some extra eyes looking at key areas of safety on your boat is to have a Vessel Safety Check. These are done by members of the US Coast Guard Auxiliary and the Power Squadron. The Port of Friday Harbor is also having a Boating Safety Fair coming up in April, so mark your calendars for Saturday, April 26th. Among the participants will be the US Coast Guard, the US Coast Guard Auxiliary, the Power Squadron, the Sheriff's Office as well as the Port and other boating safety groups on the island. Watch for more information in the paper and online. This will be a great time to get that Vessel Safety Check to start your summer cruising season off on the right foot!

Cruising in 2014 - Bill Severson, Rear Commodore



Opening Day Cruise May 2-4, 2014 Fisherman's Bay, Lopez Island



Join us at the joint Opening Day of Boating Cruise with the Lopez Island Yacht Club.

Goal – Have fun and get to know your island neighbor.

Arrive Friday May 2 and share hor d'ourves at 6 PM.

Saturday, May 3rd - 12:00 noon to 3:00 PM open boat tours, visits, socializing, pair up with a LIYC member.

3:00 – 4:30 PM Games

4:30 – 6:00 PM no host happy hour on the docks, weather dependent

6:00 – 7:00 PM Dinner – Lasagna Italian Feast

7:00 – 7:30 PM Awards for games contest

8:30 - Dancing, live band at the Islander Bar

Moorage: \$19.95 for two nights, any length, includes power and two for the price of one drink ticket. Call the Islander directly ASAP and get their reservation made – 468-2233 and sign up on our Website.

Cost of the Dinner is \$25 each person. Make your checks out to LIYC and send to: LIYC, PO Box 22, Lopez Island, WA 98261, Attn: Doug Cram. **Deadline:** So LIYC can receive them by April 21.

Photo of the Month - Any FHSC Member



Full moon over Roche Harbor, Paul Walsh

Paul Walsh visited the club at our last meeting as guests of Marie and Ron DiCristina. His wife, Valerie, was unable to attend. Paul sent me a link to some of his photos and I picked this one as Photo of the Month. However, you might have chosen any other of the wonderful local photos Paul has taken (<http://www.pswalsh.com/lopez>). And, if you are interested in “sailing among the stars”, a good voyage for any Friday Harbor Sailing Club member, gaze at the beauty of our part of the universe as shown in Paul and Valerie's astrophotography. Click this link: <http://www.pswalsh.com/astronomy.htm> If you see Paul or Valerie, do encourage them to join our club.



Paul and Ron