

The Working Jib

Friday Harbor Sailing Club

December **2021!**

sailing
into a new
year

- Heathy You!
- Boat or ...
- Optimism
- Racing
- Ice





**From the
Commodore**
Laura Jo Severson



FHSC General Meeting
6:00 PM
January 12, 2021

The program will be presented by Kathy Kane showing photos with a narrative about cruising the world with her husband John.

This winter presentation, with warm sunny scenes, will allow us to escape to a warmer climate during our Tuesday Zoom Meeting.

John and Kathy Kane sailed all over the world; now they live on San Juan Island where John is an active farmer who raises grains like oats and barley.

Laura Jo Severson is inviting you to the Friday Harbor Sailing Club Scheduled Zoom General meeting on Tuesday, January 12 at 6 PM Join Zoom Meeting link:

<https://us02web.zoom.us/j/82902641709?pwd=NWFWMmxzT2U2bEJDeWZJd3RmWUUpkQT09>

Meeting ID: 829 0264 1709 Passcode:
161225 One tap mobile

[+12532158782](tel:+12532158782),82902641709#,,, *161225#
US (Tacoma)

[+16699006833](tel:+16699006833),82902641709#,,, *161225#
US (San Jose) Dial by your location [+1 253 215 8782](tel:+12532158782) US (Tacoma)

Remember to take care of Yourself every day . . .

- **Shower**
- **Take your Medication**
- **Drink water**
- **Clean one thing/space**
- **Tend to something growing/living**

Be mindfully present to . . .

- **Sounds or songs**
- **Sensory feelings**
- **Sights and scenery**
- **Your spiritual practice**

To lift your spirits . . .

- **Reach out to a human outside your home**
- **Do one thing to get your heart rate up**
- **Do one thing you'll be glad you did later**
- **Do one thing just because you want to**
- **Get in at least one good laugh**

- Recommendations from Bonnie Hendrickson, MSW



From the Rear Commodore John Salinas

S/V Alethea came to our family in 2006. We worked on her to make her efficient, beautiful, and seaworthy. But, we never considered her to be a real, living part of the family. But this all changed about 2010 when Kathleen and I met Fern, a fellow sailor who owned a boat called Drummer Girl, in Swantown Marina, Olympia,.



She stopped us one day and we talked about going down to 'the boat'. She looked at us straight in the eyes and said, "Alethea is not 'a boat', she is Alethea". Dumbfounded we looked at her for an explanation which was forthcoming. She said, "Now think about this: has Alethea ever done anything to you that would suggest that she has a spirit, perhaps being a bit playful, like hiding a screwdriver. Or, has she ever splash water in your face? Or, Has she acted up to get your attention, to have you focus a bit more on sailing her then on personal conversation?" Our answer was, "Yes, there is a spirit to Alethea". Alethea has now become a big part of our family.

Alethea it is a beautiful name. We named her Alethea having heard the name in a Sunday sermon. Alethea means 'that to be remembered, or the opposite of chaos'. And, she has been just that.



She has brought all kinds of memories to this family. And tricks, oh my gosh. The playfulness continues. One of the best last year occurred when she was tied to the dock in Shipyard Cove. I was reaching from the dock to grab something up by the bow. As you would expect, I pushed, she moved. I found myself stretched out had quite an angle, feet on the dock, hands stretched to the toe rail. I was trying to decide if



I should go forward where the bow became swiftly more distant from the dock or to muscle my way towards the stern where the dock was farther away for a short distance.

As I moved my feet and my arms back towards the stern, I stretched further and further, muscles began to twitch, it was like an 'extended' push up. I looked at that cold water just below but, just as I was contemplating a big splash, with a final big push, I was able to stand up. Oh yes, I stood up and looked Alethea right in the hull, thinking 'that was a good one'.

But truly, she has been a wonderful member of our family. We treat her with the greatest respect and confidence. She has always supported our every cruise in and around our Salish Sea. She has become a refuge and a delight for everyone who has been aboard. So I would call it a course correction from 'a boat' to a member of our family, Alethea, whom we trust with our lives.

John and Kathleen Salinas





From the Treasurer and Webmaster

Susan Eberhard

Keeping Track of Finances, Roster, and Website

It is with a sense of optimism that I welcome you to 2021 with the hope that racing, cruising and socializing with boating friends can return in some fashion before the year ends!

Financial activity in 2020 was minimal with no money-making activities, but also no major expenses beyond the normal fixed expenses of the club. We ended the year in stable financial shape with a net yearly income of \$725. But our 2020 membership dues, the major source of club income, were also down.

As we start the new year, payment of 2021 dues is important to set the funding for yearly expenses and activities as well as providing membership information for the Roster. We are planning to produce our regular printed Roster for 2021 and receiving all membership renewals prior to that is an important part of being able to continue to communicate effectively with each other. Because of a lack of activities last year, we do not have pictures of club activities or award to include in the Roster, so any fun photos you have of your year are more than welcome!

Dues renewal notices were sent out in mid December and a thank-you to those who

have already replied. We plan to have the 2021 Roster completed by early March and this year it will be mailed to all members with their 2021 Membership card as I am sure we will not be meeting in person yet by the March General Meeting. If you have not yet returned your 2021 dues, put it on your January to do list. I hope to hear from everyone by the end of the month. If you have any questions about your invoice or did not receive one, please let me know asap.

Our website, fridayharborsailing.com, is in the process of being updated for 2021. The calendar currently has correct dates for our general meetings and board meetings, and will be updated in the next few weeks with race and cruise dates with the expectation that at some point this year we can at least do some socially distanced activities. These dates will also be in the 2021 Roster, but throughout the year, the website calendar is always a good way to keep informed and up to date about upcoming events and meetings, changes that occur, and detailed information on events,

I hope your new year is filled with all the things that make a wonderful life and that continuing your participation in the Friday Harbor Sailing Club is one of those things!

Looking forward to being able to see everyone and to a return to some sort of 'normal' in 2021!

Susan Eberhard
Treasurer



From the Fleet Captain

Stefan Michalowski

Dear friends,

I'll be the Sailing Club's Fleet Captain in 2021. In a spirit of hope and optimism, I have put together a Race Calendar.

I don't think that we can begin before June 1, and I propose to start with two "safe" events. All races are scheduled for Saturdays.

Please note that two "external" races are included; they will count for the year-end standings and awards. The details of courses and times will be provided later.

Single-handed Race
Saturday, June 5

Jack and Jill (Double-Handed Race)
Saturday, June 26

Rudi Race
Saturday, July 17

Summer Race
Saturday, August 21

Shaw Island Race (SJIYC)
Saturday, August 7

Lopez Cup (LIYC)
(September?)



Photo Art by
Kathleen Salinas



In addition to the above, I would like to encourage everyone to participate in the informal “**Eastside Scalawags**” races that are held every Friday afternoon during sailing season. The race begins at 16:00 in the entrance to Shipyard Cove. Boats round the Reed Rock buoy (to port or starboard, as they choose) and finish at the starting line. There is no signup, no handicaps, and few rules. The winner gets a sticker.



There is usually an informal discussion on the dock after each race (It may not be suitable for very young persons).

These races are great fun, and anyone can participate.

Best regards,
Stefan





From our Valued Members

In the morning the sunrise revealed a thin layer of ice around Cat's Cradle. We are guessing that this was runoff from the recent endless days of rain floating on that ocean.



We were anchored in Westcott Bay a couple of days before Christmas and were awakened at 3:30 am by 'terrible noises'; grinding and cracking!!

A barefoot walk on a slippery deck revealed that we were surrounded by ICE. The 'ocean' was freezing us in -- think Shackleton!

From Val and Leslie Veirs





This Newsletter was edited by
Kathleen Salinas

kathleenassalinas@gmail.com

for the Friday Harbor Sailing Club

fridayharborsailing.com